

The term "isolation" refers to the separation and restriction of movement of sick persons with an infectious disease from people who are not sick as shown in the diagram below.

This document provides guidance due to the need to reduce the risk of exposure to COVID-19 in case they became symptomatic during the quarantine period. NB: A separate guidance for uniformed personnel undergoing routine quarantine period is available at <https://www.un.org/en/coronavirus/reference-documents-administrators-and-managers>

A quarantine period is indicated for:

- < 1 of lab-confirmed and/or suspect cases and;
- < All UN personnel returning from travel / R&R must comply with the host country's and local health authorities' requirements for travelers. If policy is taken for quarantine due to travel, it should be conducted for at least 14 days after travel (regardless of PCR test results during that time.)

Note also that this policy should be reviewed along with the UN COVID-19 Reference Documents, available at <https://www.un.org/en/coronavirus/reference-documents->

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[administrators-and-managers](#) Administrator guidelines for COVID-19 are further available at the same website.

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The following provides the minimum elements that must be implemented throughout a quarantine period. There should be strict adherence to the following recommendations and a methodical approach to implementation so as to help reduce the risk of transmission of COVID-19 during the quarantine period.

- ◁ The following recommendations apply to all UN personnel who are on a quarantine period for any reason (travel or contact of a case). Such a period could be imposed upon by the local authorities or by UN organisations/offices for example.
- ◁ Individuals, if returning from travel, should  
(e.g. their own homes), all the while maintaining at least 1-2 meters (3-6 feet) of space with others at all times through physical distancing.
- ◁ For the duration of the quarantine period,  
Such individuals should be strictly separated from the rest of the civilian, military and local population. They should not use any common face