





For the long term, the UNSW Men's Mental Health Strategy aims to create a pool and place of excellence in mental health and well-being in order to achieve a world-class and evidence-based management model, and embed mental health considerations at the highest level of UN management.

Some in the next few months, to be completed by the end of 2023.

Launched at the end of 2023, the Strategy builds on work planned over a decade. In the initial phase, the work focused on the UN agencies' capabilities and the identification of a lead agency. Over time, the focus will be on developing a mental health strategy for all UN agencies to lead on. No matter what is done, the focus is on making the strategy in practice across the UN system.

Efforts to improve mental health in the workplace are not new. This is where we are not looking to reinvent the wheel; we are building on existing good work. The challenge is to scale this work and address the need. That said, the Strategy has launched the strategy and the work is now underway and is achievable.

As for the future, the strategy is a good start. We know that building a strong, evidence-based mental health strategy is a high-priority engagement, productivity and morale. Ultimately, the strategy will help deliver on our mandate where the need to be met is at the highest level of our organization.

The Strategy is public and available online. It includes a wide range of components, such as key mental health policies, training, and activities for implementation.

The Strategy and the work to be done have some things for everyone - whether you are a staff member, a manager or a stakeholder in the organization.

The UN agencies have a role to play in the Strategy Implementation Board, which is guiding the roll-out of the Strategy. Staff representation, through the Board, is a key element in the Strategy implementation across the UNSW system. Staff members recruited in a variety of channels, such as social media, mental health, family, stigma and discrimination education through a high-visibility recruitment, are welcome opportunities through their organization if they could be the driving force behind the effort.